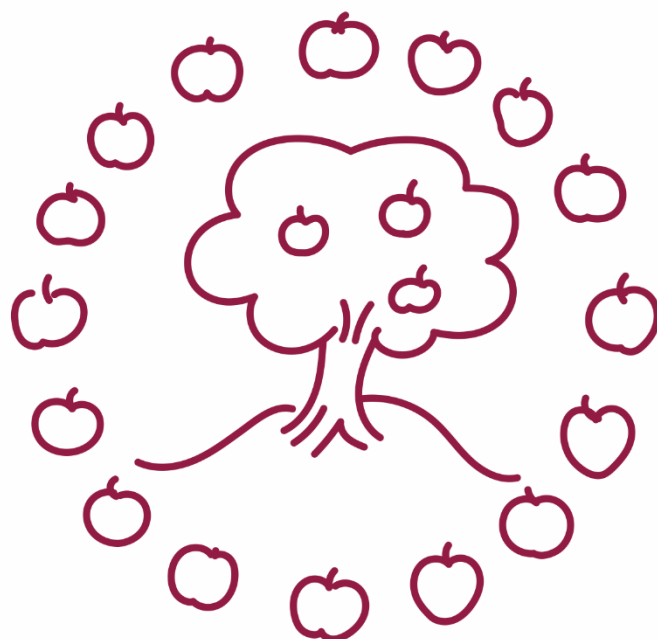


Safeguarding and promoting children's welfare; Organisation

Kingsbury Episcopi Pre-school

Oral health policy



Success Through Teamwork

Approved by the Governing Body of Kingsbury Episcopi Primary School	
Chair of Governors	Simon Faull
Signature	Simon Faull
Date:	Autumn 2024
Review Date:	Autumn 2024

Review Autumn 2026

Kingsbury Episcopi Pre-school

Oral health policy

Statement of intent

Preschool provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

- Fresh drinking water is always available and easily accessible.
- Sugary drinks are not served.
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Parents are requested to provide fruit or vegetable for our group snack
- Parents are discouraged from sending in confectionary as a snack or treat.
- Preschool will encourage toothbrushing for the children with activities, discussions and regularly sharing information about toothbrushing with families
- Preschool will encourage children and families to visit the dentist regularly
- Parents are advised to stop using dummies/pacifiers and supported in this effort
- Dummies that are damaged are disposed of and parents are told that this has happened

Further guidance

- Infant & Toddler Forum: Ten Steps for Healthy Toddlers www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/

This policy was adopted by agreement of Kingsbury Episcopi primary school governing body.

Date:

Safeguarding and promoting children's welfare; Organisation