

Lovely Library Lives Again...

Thank you very much to Mrs Buckland, Mrs Edwards and Mrs Withers for organising all the library books and making the space more functional again. We are so fortunate as a school to have such a space that can be enjoyed by pupils and staff. The after-work hours and effort is gratefully received. We are so lucky to have staff who care so deeply about our learning environment and resources. Thank you from us all, Success Through Teamwork.

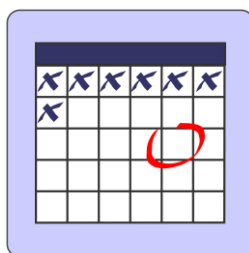


Well done to all the families, children and staff who managed to battle the floods this week. It was so lovely to receive compliments about how staff who travel from much further afield have spent over an hour and a half getting to school!!! More locally it has not been at all easy and everyone has done their very best to keep the school open. It was very disappointing to close on Monday, but the staff have made up for it by cramming in as much learning as possible. Well done to many of the children who completed the home learning, a very positive effort!!! A great community effort, thank you everyone!



KEPS Diary Dates

WC Monday 3rd February	Children's Mental Health Week
Wednesday 5th February	School Disco PTA <i>Beech & Willow 3.45-4.45pm and Elm, Ash & Oak 5.00-6.15pm. Please can children bring a £2 donation.</i>
Thursday 6th February	NSPCC Number Day – Beech & Willow
Friday 7th February	NSPCC Number Day – Elm, Ash, Oak
Friday 7th February	Beech & Willow Class Trip
Friday 7th February	PTA Cake Sale – Ash Class <i>Please can Ash Class children and parents donate the cakes this time. Everyone is welcome to come along and buy them!</i>
Tuesday 11th February	Reception & Year 6 Height/Weight Checks
Wednesday 12th February	Ash Class Trip
Friday 14th February	INSET Day





Success Through Teamwork

Kingsbury Episcopi Primary School

KEPS Courier

Friday 31st January 2025

Internet Safety

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

- 1 NAME THE EMOTION**
Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.
- 2 MODEL EMOTIONAL EXPRESSION**
Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.
- 3 MINDFULNESS ACTIVITIES**
Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.
- 4 USE STORYTELLING**
Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.
- 5 PRACTISE EMPATHY**
Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.
- 6 ENCOURAGE JOURNALING**
Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.
- 7 TEACH PROBLEM-SOLVING**
Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.
- 8 CREATE A SAFE SPACE**
Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.
- 9 USE VISUAL AIDS**
Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.
- 10 CELEBRATE EMOTIONAL GROWTH**
Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Praise Assembly

All parents, carers and family members are welcome to attend our Praise Assemblies!

The following children will be presented with their certificates:

Friday 7th February at 3pm – Whole School

Beech Class – Oscar T & Gracie T

Willow Class – Bridie L & Florence L

Elm Class – Charlie L & Chloe H

Ash Class – Herbie H & Ella P

Oak Class – Olive P & Chae L

EE – Evelyn G & Jessica M (Oak)



Class Updates

The below links are for each class, these will take you to the KEPS website for their updates.

Preschool Update

[Pre School Updates | Kingsbury Episcopi Primary School](#)

Beech Class Updates

[Reception/Year 1 - Beech Mr Bell | Kingsbury Episcopi Primary School](#)

Willow Class Update

[Year 1/2 - Willow Mrs Carson | Kingsbury Episcopi Primary School](#)

Elm Class Update

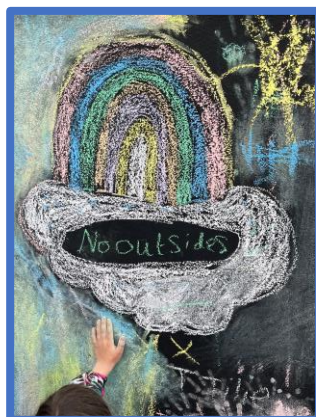
[Year 3/4 - Elm Mrs Meeten | Kingsbury Episcopi Primary School](#)

Ash Class Update

[Year 4/5 Ash - Mrs Heath-Coleman and Mrs Cleasby | Kingsbury Episcopi Primary School](#)

Oak Class Update

[Year 5/6 Oak - Mrs Lane | Kingsbury Episcopi Primary School](#)



After School Clubs

Spring Term 1 2025

Clubs are available to book on Wisepay. If there are not 10 children per club, unfortunately we will have to cancel the club.

Clubs start on **Monday 13th January** and finish on **Thursday 13th February**.

Day	Activity	Year Group	Cost	Location
Monday	Art Club with Mrs Lawson	Year 1 - 6	£15.00	Ash Class
Tuesday	Book Making Club with Mrs Meeten	Year 1 - 6	£15.00	Elm Class
Tuesday	Lego Club With Mrs Heath Coleman – At Lunchtime 12.30pm - 1pm	Year 3 – 6	Free	Ash Class
Thursday	Choir with Mrs Sowter	Year 3 - 6	On going	School Hall
Thursday	STEM club with Mrs Carson	Year 1 – 6	£15.00	Willow Class

Welcome To KEPS PTA - [PTA | Kingsbury Episcopi Primary School](#)

Additional Information

The Willows Childcare provides a wraparound provision. The hourly rate is £5.50 and available to all children either on a regular or ad-hoc basis. For more information contact The Willows Childcare on:

Nic 07557 952 753 / Jackie 07909 005 066

Facebook: The Willows Childcare

Email: Jackie:thewillowschildcare.co.uk

Breakfast Club from 07.30 until 09.00 Monday to Friday. Breakfast served until 08.10 (extra 50p charge)

After School Club operates from 15.30 until 17.30 Monday to Thursday only.

PE

As with last year, please send you child/children to school in their PE kits on PE Days.

PE kits should be burgundy shorts/black leggings/tracksuit bottoms, white house coloured t shirt. A school jumper, cardigan of KEPS PE hoody (hoody is optional)

Monday – Oak & Elm

Wednesday – Ash & Willow

Friday – Beech

Safeguarding

Our Designated Safeguarding Leads (DSL) are **Mrs Lawson** and **Mrs Carson**. Our safeguarding governor is **Mr Simon Faull**.

If you have concerns about your child at home or school, contact the office to book an appointment. Alternatively, if you are worried about a child or young person who could be in danger, please contact Children's Social Care on 0300 123 2224, by email at childrens@somerset.gov.uk or the police. You can contact the police directly by dialling 101 and they will discuss with Children's Social care what action should be taken. In an emergency always contact the police by dialling 999. If you would like to speak to a social worker outside office hours, please phone the Emergency Duty Team (EDT) on 0300 123 2327.

Additional Information

Governor News

Please see our governor page for more details on our wonderful governors who help to support the school.

Chair

Mr Simon Faull

Vice Chair

Jon Loxston

Co-opted Governors

Miss Charlotte England

Mrs Barbara Teale

Mr Michael Gulliver

Mr Jon Loxston

Miss Fiona Guest

Parent Governor

Mr David Harris

Mr Neil Burn

LFA Governor

Mr Simon Faull

Headteacher

Mrs Melanie Lawson

Clerk

VACANT

Staff Governor

Mrs Elodie Carson

A Parent and Family Support Adviser (PFSA) can support you and your family if you are experiencing difficulties which may be influencing your child's education. Once referred to me I can: Give a listening ear, provide a friendly, supportive service. Support families in crisis. Be an advocate for parents/carers and children always aiming to empower them. Arrange to meet you at your home or school. Book appointments at times convenient to you. Help you and your family succeed. Work 1:1 with children. Use assessment tools such as EHA (Early Help Assessment). Difficulties can include Housing Benefits, Mental Health, Emotional Health, Drug/Alcohol misuse, Sexual Health – anything which many influence your child's education.

Twitter: @HUISHCLPPFSA / **Blog:**

www.huishCLPPPrimaryPFSA.home.blog / **Email:**

HuishCLPPPrimaryPFSA@educ.somerset.gov.uk

Based at Long Sutton Primary 01458 241 434

Victoria Gould, PFSA **Telephone:** 07825 833 566

Working days – Tues / Wed / Thurs 08:30 - 16:30 Fri 09:00 – 15:00



Success Through Teamwork

Kingsbury Episcopi Primary School

KEPS Courier

Friday 31st January 2025



KEPS School Terms and Holidays 2024/2025 Academic Year

September 2024							October 2024							November 2024						
M	2	9	16	23	30		Mo	7	14	21	28		M	4	11	18	25			
Tu	3	10	17	24			Tu	1	8	15	22	29	Tu	5	12	19	26			
W	4	11	18	25			We	2	9	16	23	30	W	6	13	20	27			
Th	5	12	19	26			Th	3	10	17	24	31	Th	7	14	21	28			
F	6	13	20	27			Fr	4	11	18	25		F	1	8	15	22	29		
Sa	7	14	21	28			Sa	5	12	19	26		Sa	2	9	16	23	30		
Su	1	8	15	22	29		Su	6	13	20	27		Su	3	10	17	24			
December 2024							January 2025							February 2025						
M	2	9	16	23	30		M	6	13	20	27		M	3	10	17	24			
Tu	3	10	17	24	31		Tu	7	14	21	28		Tu	4	11	18	25			
W	4	11	18	25			W	1	8	15	22	29	W	5	12	19	26			
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F	6	13	20	27			F	3	10	17	24	31	F	7	14	21	28			
Sa	7	14	21	28			Sa	4	11	18	25		Sa	1	8	15	22			
Su	1	8	15	22	29		Su	5	12	19	26		Su	2	9	16	23			
March 2025							April 2025							May 2025						
M	3	10	17	24	31		M	7	14	21	28		M	5	12	19	26			
Tu	4	11	18	25			Tu	1	8	15	22	29	Tu	6	13	20	27			
W	5	12	19	26			W	2	9	16	23	30	W	7	14	21	28			
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June 2025							July 2025							August 2025						
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Key:

	School Holiday
	Bank Holiday
	Term Time
	Inset Days

Term dates summary:

Term 1: 03 September – 25 October 2024 (39 days)	
Term 2: 04 November – 20 December 2024 (35 days)	
Term 3: 06 January – 14 February 2025 (30 days)	
Term 4: 24 February – 04 April 2025 (30 days)	
Term 5: 22 April – 23 May 2025 (23 days)	
Term 6: 02 June – 23 July 2025 (38 days)	
TOTAL = 195	

Bank and public holidays 2024/25

Christmas Day	25 December 2024	Easter Monday	21 April 2025
Boxing Day	26 December 2024	May Day Bank Holiday	05 May 2025
New Year's Day	01 January 2025	Spring Bank Holiday	26 May 2025
Good Friday	18 April 2025	Summer Bank Holiday	25 August 2025

Academy, Free Schools, Foundation & Voluntary Aided schools can set their own term dates and may differ from ours. Please check with the individual schools for their term dates.



Success Through Teamwork

Kingsbury Episcopi Primary School

KEPS Courier

Friday 31st January 2025



Somerset
Council

Somerset School Terms and Holidays 2025/2026 Academic Year

September 2025							October 2025							November 2025						
M	1	8	15	22	29		Mo	6	13	20	27			M	3	10	17	24		
Tu	2	9	16	23	30		Tu	7	14	21	28			Tu	4	11	18	25		
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