

6th March 26

KEPS Courier

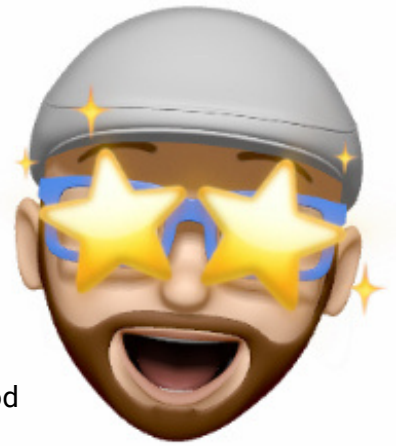


Success Through Teamwork

A Message from Mr Thompson

It has been so lovely to see some sunshine over the past couple of weeks, and wonderful to finally be able to open up the school field again. The children have loved having the extra space, and it has brought a real sense of spring energy back to KEPS.

It's certainly been a busy and positive start to the new half-term. A huge well done to Brendon's House, who scooped first place in the annual KEPS Pancake Race. As always, it was fantastic to see so much enthusiasm, teamwork and good humour from all the pupils involved.



This week's World Book Day celebrations were another highlight. The creativity and inspiration shown through the children's costumes was excellent, and it remains one of the most joyful dates in our school calendar. This year, World Book Day links beautifully with the National Year of Reading, which encourages us all to reconnect reading with the things that already inspire us—whether that's football matches, films, family time, or even favourite playlists. The aim is simple: reading that fits how we live, not the other way around.

Reading is such a vital life skill, and one that we as a school are deeply passionate about nurturing. For families looking to build a positive reading culture at home, the National Year of Reading website offers some excellent guidance and ideas. You can find out more at: <https://goallin.org.uk/get-involved/families/>

As many of you will already be aware, Mr Bell will be leaving KEPS at the end of this term. We are very sad to see him go, and we know he will be greatly missed within our school community. We have begun the process of recruiting to fill this important role and will be sharing further details in the coming weeks. Please be reassured that we are working hard to ensure continuity for our pupils in Beech Class during this transition.

We are also very much looking forward to sharing all the fantastic learning that has been happening across the school at our Parents' Evenings. Booking is now open for appointments on the 18th and 19th of March, and we hope to see many of you there.

Fingers crossed the sunshine continues.

Warmest wishes,

Mr T

Cross Country Events in March

A reminder that we have two CLP Cross Country events coming up on 10th and 24th March. For any children wishing to take part, please could parents/carers give their consent via the forms emailed out last week or by emailing the school office.

Please remember that KS1 Sports Club will not be running on the above two dates.
Thank you!

Dates for your Diary...

11th March - Whole School Bringing Books to Life Dance Workshops - PINOCCHIO
- Children to wear PE kits to school

13th March - Mufti Day in aid of KEPS PTA - bring a small Easter Egg donation or £1

13th March 3.30pm - PTA Preloved uniform sale.
A chance to stock up on summer uniform!

18th & 19th March - Parents Evening

20th March - Whole School Community Day - Details sent out via email

27th March - PTA Disco

2nd April - INSET Day

3rd - 19th April - Easter Holidays - returning on Monday 20th March

Pancake Races

Congratulations to Brendons House who are the 2026 Kingsbury Episcopi Primary School Pancake Race Champions.

We had fun flipping our way through six competitive house races with every pupil taking part.

Thank you to Mrs Cleasby for organising all the fun!



Polite Request

Please could we ask that consideration is taken of other drivers, people and horse riders, when driving to and from school and in the local area. Also when parking in our school car park or in the road outside.

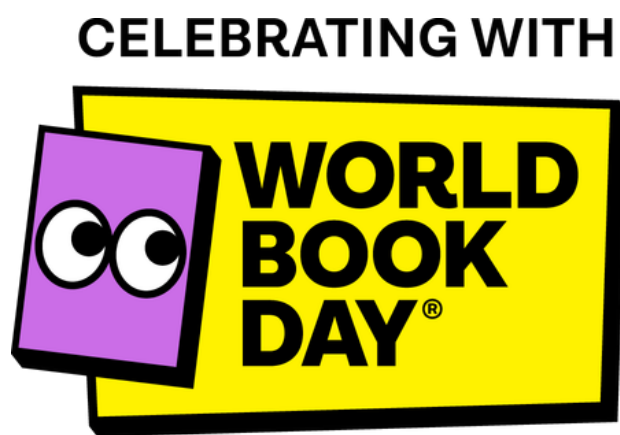
It is so important that we all look after each other's safety and wellbeing when travelling in and around the village and school.

World Book Day 2026

Thursday 5th March was World Book Day 2026!

This year, we have focused on what truly matters - the magic of stories! Whether wearing pyjamas, comfy clothes, or a homemade outfit, we all celebrated the love of reading.

We think you'll agree - all the children looked amazing!

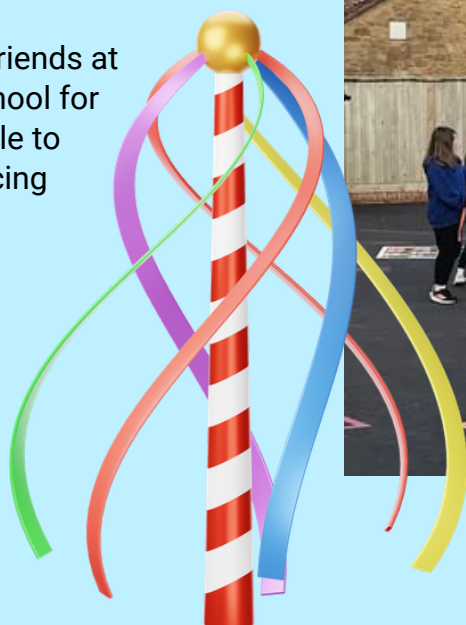


Maypole Dancing

This week our Maypole dancers began practicing their dances for the upcoming May Festival.

We'd like to thank our friends at Kingsmoor Primary School for the loan of their Maypole to enable us to get practicing straight away.

It's great to see our communities traditions alive and well at KEPS.



Sporting Dates for the Diary

10th March - Cross Country 2 - Huish Academy 3 - 4pm

24th March - Cross Country 3 - Huish Academy 4pm start

16th June - Yr 5/6 Rounders Tournament - Huish Academy 4 - 6pm

29th June - Yr 3/4/5/6 CLP Athletics - Huish Academy 2 - 4pm



After School Clubs

The After School Clubs for Spring term 2 are on Wisepay and available to book. Please log in and book as normal.

Day	Club	Open to	Taken by	Location	Cost	Max Number
Monday	KS2 Sports Club	Yr 3 - 6	Mr Thompson	School Field	£18 / Half Term	25
Tuesday	KS1 Sports Club	Yr R - 2	Mr Thompson	School Field	£12 / Half Term	20
Due to two CLP Sports Events being held on Tuesdays, KS1 Sports Club will not run on 10th March or 24th March, as we will plan to enter teams into these events - this has been reflected in the price						
Tuesday	Maypole Dancing	Yr 3 - 6	Mrs Withers & Mrs Colton	Playground	£18 / Half Term	16
We will require the 16 pupils taking part in Maypole Dancing to perform at the Kingsbury May Festival on Monday 4th May						
Tuesday	Sewing Club	Yr 1 - 6	Mrs Carson & Ms Buckland	Willow Class	£18 / Half Term	20
Thursday	Choir	Yr 2 - 6	Mrs Sowter & Mrs Colton	School Hall	ongoing	40

Class Updates

The below links are for each class, these will take you to the KEPS website for their updates.

Preschool [Pre School Updates | Kingsbury Episcopi Primary School](#)

Beech Class [Reception/Year 1 - Beech Mr Bell | Kingsbury Episcopi Primary School](#)

Willow Class [Year 1/2 - Willow Mrs Carson | Kingsbury Episcopi Primary School](#)

Ash Class [Year 4/5 Ash - Mrs Cleasby | Kingsbury Episcopi Primary School](#)

Oak Class [Year 5/6 Oak - Mrs Lane | Kingsbury Episcopi Primary School](#)



Safeguarding

Our Designated Safeguarding Leads (DSL) are **Mr Thompson** and **Mrs Carson**.
Our safeguarding governor is **Mr Simon Faull**.

If you have concerns about your child at home or school, contact the office to book an appointment. Alternatively, if you are worried about a child or young person who could be in danger, please contact Children's Social Care on 0300 123 2224, by email at childrens@somerset.gov.uk or the police.

You can contact the police directly by dialling 101 and they will discuss with Children's Social Care what action should be taken. In an emergency always contact the police by dialling 999. If you would like to speak to a social worker outside office hours, please phone the Emergency Duty Team (EDT) on 0300 123 2327.

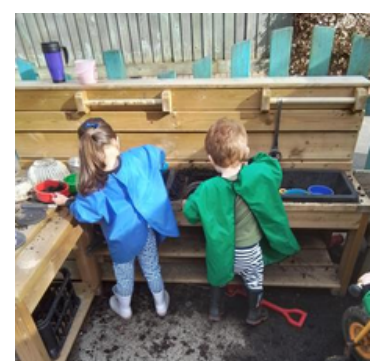
KEPS Preschool Update

Thank you to the PTA for some great new resources for preschool 😊 - Rhyming picture blocks, poppers, mirrors, bean bags, tuff tray and cover for messy activities, wooden bowls for sorting items and counting, a basket for natural resources and an easily accessible shed for outside, new mobile coat peg stand and a cosy arch for reading and sensory activities.

We've enjoyed the better weather with lots of activities outside - from mud kitchen to balance bike riding, using chalks to make marks to climbing, ball games and chasing games.

The new resources have been very well received - the cosy den has been great and exciting to see light up toys working. The outside shed makes a great surface for chalks too!

Compost and vehicles are a great combination for imaginative play. We've welcomed new children and families to preschool, helping them to settle and start a proper Kingsbury Episcopi school journey 😊.





Online Safety



10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Upcoming PTA Events

Friday 13th March 3.30pm - Preloved uniform sale.
A chance to stock up on summer uniform.

Friday 13th March - Mufti day. Bring a small Easter egg or £1.

KEPS Easter Raffle Launch -

Lots of great prizes to win including:
Family days out vouchers and experiences, Muchelney pottery jug,
Easter hamper, Gin, wine and chocolates plus other treats.

Ticket sales will be at school on the following dates:

Friday 13th March

Parents evenings 18th/19th March

Beech class cake sale 19th March

Thursday 26th March after school

Draw will take place on Friday 27th of March in the school hall.

Thursday 19th March - Beech class cake sale

Friday 20th March - KEPS PTA Easter bingo. A fun family friendly event.
Details on class chats and schools Facebook page.

Friday 27th March - Easter Raffle Draw. In the school hall at 3.30pm.
Don't miss out a chance to win a great prize!

Friday 27th March - Easter Disco
KS1 4.45 - 5.30pm KS2 5.45 - 6.45pm Volunteers needed.



Challenge 2026 extended until 31st March!

Let's make this year a great success. A chance for the children to think up their best fundraising ideas.



KEPS Class Attendance Figures so far This School Year

★ Attendance 96.29% ★



Beech

Absence 3.71%

Attendance 93.27%

Willow

Absence 6.73%

Attendance 93.97%

Ash

Absence 6.03%

Attendance 95.94%

Oak

Absence 4.06%



Success Through Teamwork

School Calendar for 2025/26



Somersexton
Council

KEPS School Terms and Holidays 2025/2026 Academic Year

September 2025						October 2025						November 2025								
M		1	8	15	22	29	Mo			6	13	20	27	M			3	10	17	24
Tu		2	9	16	23	30	Tu			7	14	21	28	Tu			4	11	18	25
W		3	10	17	24		We		1	8	15	22	29	W			5	12	19	26
Th		4	11	18	25		Th		2	9	16	23	30	Th			6	13	20	27
F		5	12	19	26		Fr		3	10	17	24	31	Fr			7	14	21	28
Sa		6	13	20	27		Sa		4	11	18	25		Sa		1	8	15	22	29
Su		7	14	21	28		Su		5	12	19	26		Su		2	9	16	23	30
December 2025						January 2026						February 2026								
M		1	8	15	22	29	M			5	12	19	26	M			2	9	16	23
Tu		2	9	16	23	30	Tu			6	13	20	27	Tu			3	10	17	24
W		3	10	17	24	31	W			7	14	21	28	W			4	11	18	25
Th		4	11	18	25		Th		1	8	15	22	29	Th			5	12	19	26
F		5	12	19	26		F		2	9	16	23	30	F			6	13	20	27
Sa		6	13	20	27		Sa		3	10	17	24	31	Sa			7	14	21	28
Su		7	14	21	28		Su		4	11	18	25		Su		1	8	15	22	
March 2026						April 2026						May 2026								
M		2	9	16	23	30	M			6	13	20	27	M			4	11	18	25
Tu		3	10	17	24	31	Tu			7	14	21	28	Tu			5	12	19	26
W		4	11	18	25		W		1	8	15	22	29	W			6	13	20	27
Th		5	12	19	26		Th		2	9	16	23	30	Th			7	14	21	28
F		6	13	20	27		F		3	10	17	24		F		1	8	15	22	29
Sa		7	14	21	28		Sa		4	11	18	25		Sa		2	9	16	23	30
Su	1	8	15	22	29		Su		5	12	19	26		Su		3	10	17	24	31
June 2026						July 2026						August 2026								
M		1	8	15	22	29	M			6	13	20	27	M		3	10	17	24	31
Tu		2	9	16	23	30	Tu			7	14	21	28	Tu		4	11	18	25	
W		3	10	17	24		W		1	8	15	22	29	W		5	12	19	26	
Th		4	11	18	25		Th		2	9	16	23	30	Th		6	13	20	27	
F		5	12	19	26		F		3	10	17	24	31	F		7	14	21	28	
Sa		6	13	20	27		Sa		4	11	18	25		Sa	1	8	15	22	29	
Su		7	14	21	28		Su		5	12	19	26		Su	2	9	16	23	30	

Key:

- School Holiday
- Bank Holiday
- Term Time
- Inset Days

Term dates summary:

Term 1: 02 September – 24 October 2025 (39 days)
Term 2: 03 November – 19 December 2025 (35 days)
Term 3: 05 January – 13 February 2026 (30 days)
Term 4: 23 February – 02 April 2026 (29 days)
Term 5: 20 April – 22 May 2026 (24 days)
Term 6: 01 June – 22 July 2026 (38 days) **TOTAL = 195**

Bank and public holidays 2025/26

Christmas Day	25 December 2025	Easter Monday	06 April 2026
Boxing Day	26 December 2025	May Day Bank Holiday	04 May 2026
New Year's Day	01 January 2026	Spring Bank Holiday	25 May 2026
Good Friday	03 April 2026	Summer Bank Holiday	31 August 2026

Academy, Free Schools, Foundation & Voluntary Aided schools can set their own term dates and may differ from ours. Please check with the individual schools for their term dates.