

From Mrs Lawson

The school newsletter is a vital form of communication at our school, and we work very hard to provide the latest information for you every week. Please take some time to regularly check for updates as most information is published and shared here. It is also fantastic to share the class updates through the link to the class pages.

EYFS

The first full week at KEPS has been a huge success. Thank you to all the new parents who have helped to settle their children in, they are already in a really positive routine and are incredibly confident.

Punctuality

Please be at school before the gate closes at 8.55. School starts at 8.55. The gate opens at 8.40. Thank you for your support with punctuality.

Holidays during term time

We are mindful that some children and families are now on holiday and/or are due to go on holiday in term time. Please be aware Somerset County Council issue fines if these are unauthorised by the Headteacher.

Year 6

Next week we will listen to Year 6 present their bid for being a House Captain and various other responsibilities within the school. We are really looking forward to having the children at the top of the school leading the way!

KEPS Golden Rules

The Golden Rules and Behaviour at KEPS is a key focus this year and the children are already embracing our exemplary attitudes, behaviour and kindness throughout the school.

We use kind words and kind actions.
We look after our school and each other.
We are respectful.
We always try our best.

KEPS Diary Dates

Monday 30th September	Tempest Photography in for portraits and siblings.
Wednesday 2nd October	Book Fair
Thursday 3rd October	Book Fair
Tuesday 8th October	Whole School - Flu Vaccinations
Thursday 10th October	World Mental Health Day – Wear Yellow In Memory Of Emilia England
Monday 21st – 23rd October	Year 5 Residential
Friday 25th October	Inset Day

Please can all EV6 forms and Data Collection forms be completed and returned by 30th September.

Attendance

This week's winners are Beech class.

KEPS Attendance Aim 97% - Keep up the excellent work!



Success Through Teamwork

Kingsbury Episcopi Primary School

KEPS Courier

Friday 13th September 2024

LITTLE REMINDERS OF HOW TO BE KIND ONLINE

ONLINE ABUSE CAN HAVE A SEVERE IMPACT ON PEOPLE'S LIVES AND IS OFTEN TARGETED AT THE MOST VULNERABLE. CYBERBULLYING HAS BEEN SHOWN TO HAVE PSYCHOLOGICAL AND EMOTIONAL IMPACT. IN ORDER FOR US TO DEVELOP EMPATHY FOR OTHERS WE SOMETIMES NEED TO MOVE AWAY FROM FULFILLING OUR OWN NEEDS AND THINK ABOUT THE NEEDS OF OTHERS. THIS IS SOMETIMES MORE CHALLENGING ONLINE BECAUSE WE CANNOT SEE THE PERSON, CONNECT WITH HOW THEY FEEL NOR INTERACT FACE TO FACE.

THIS GUIDE WILL HELP YOU TO BE MORE CAREFUL ONLINE AND IS SUITABLE FOR ANY ENVIRONMENT I.E. GAMING, MESSAGING AND SOCIAL MEDIA. IT WILL HELP YOU TO UNDERSTAND THE IMPORTANCE OF SHOWING KINDNESS AND HOW TO DEVELOP EMPATHY ONLINE.

TOP TIPS FOR EVERYBODY

UNDERSTAND WHAT 'EMPATHY' IS

EMPATHY IS THE SKILL OF RECOGNISING, UNDERSTANDING AND CARING ABOUT ANOTHER PERSON'S FEELINGS AND TAKING ACTION TO HELP. THIS IS TRICKIER ONLINE BECAUSE RECOGNISING AND IMAGINING HOW ANOTHER PERSON FEELS IS HARD WHEN WE ARE NOT WITH THEM FACE TO FACE. WHEN WE TRY AND UNDERSTAND HOW SOMEONE FEELS THROUGH WORDS ALONE, IT CAN LEAD TO CONFUSION OR A MISUNDERSTANDING.

#WAKEUPWEDNESDAY

IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS **UNDERSTANDING** HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING, PERHAPS DEVELOP A MENTAL PICTURE OF THEM. SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

DEVELOP SELF EMPATHY

ALTHOUGH WE TEND TO SHOW THE BEST OF OUR LIVES THROUGH SOCIAL MEDIA, THE REALITY IS WE ARE NOT ALL PERFECT. HAVING **EMPATHY** FOR OTHERS MEANS WE NEED TO ALSO HAVE SELF EMPATHY. IF WE UNDERSTAND THAT WE ARE NOT ALL PERFECT, INCLUDING OURSELVES, WE CAN FIND KINDNESS.

TRY TO ADD VALUE

CONSIDER, BEFORE YOU COMMENT ON A POST OR IMAGE, HOW CAN I HELP THIS PERSON TO LOWER THEIR SADNESS? HOW CAN I ADD SOMETHING TO **IMPROVE** THEIR DISTRESS AND HAPPINESS? SHOWING OTHER PEOPLE'S PAIN AS ENTERTAINMENT AS A WAY TO GET NOTICED OR MORE LIKES DOES NOT ADD VALUE.

BE RESPONSIBLE

THINK TWICE BEFORE YOU ACT. CONSIDER, ARE YOU ACTING ON ANGER, FRUSTRATION OR IN A MOMENT OF JUDGING A SITUATION WITHOUT KNOWING THE **TRUTH**? ONLINE, IT IS EASY NOT TO HAVE ALL THE FACTS AND REACT TO A SITUATION WHICH IS BEING PORTRAYED.

DISASSOCIATE FROM PACK MENTALITY

ONLINE, IT IS EASY TO GET CAUGHT UP WITH POSTING **NEGATIVE** COMMENTS BECAUSE EVERYONE ELSE SEEMS TO BE GETTING COMFORTABLE WITH STANDING OUT, AND NOT GETTING CAUGHT UP POSTING NEGATIVELY BECAUSE EVERYONE ELSE IS. EVEN IF THIS MEANS STANDING ALONE AND REMINDING OTHER PEOPLE THAT THEIR BEHAVIOUR IS UNKIND, YOUR COURAGE COULD SAVE A LIFE.

#WAKEUPWEDNESDAY

FEEL SEE AND UNDERSTAND

IF WE IMAGINE OURSELVES IN THE SITUATION OF ANOTHER PERSON, WE TAKE ANOTHER STEP DOWN THE PATH OF EMPATHY. IT DOESN'T MEAN AGREEING WITH THE OTHER PERSON, BUT IT MEANS **UNDERSTANDING** HOW THEY FEEL. IF YOU FEEL YOURSELF BECOMING DETACHED AND UNCARING, PERHAPS DEVELOP A MENTAL PICTURE OF THEM. SO YOU CAN IMAGINE THEM AS REAL PERSON AND NOT JUST A BUNCH OF WORDS. IF YOU KNOW THE PERSON, CONSIDER A VIDEO CHAT OR VIDEO CALL.

OFFER HELP

ACCORDING TO DR DAN SEIGEL, A CLINICAL PROFESSOR OF PSYCHIATRY, BEING KIND IS REALLY ABOUT RESPECTING EACH OTHER'S VULNERABILITY AND WANTING TO HELP. SO, WHEN SOMEONE IS SHARING THAT THEY ARE STRUGGLING OR FINDING LIFE HARD, OFFER HELP, EVEN IF THE HELP IS A **LISTENING** EAR OR SAYING, 'I CAN UNDERSTAND YOU WOULD FEEL THAT WAY. I'M HERE FOR YOU'.

#BEKIND

On the **10th October** it's **World Mental Health Day** and the anniversary of the loss of **Emilia England** who would of been in year 5 this year.

On the 10th October we will be wearing **Yellow** for Mental Health Day in memory of Emilia England.

Raising money for Young Minds and SUDC both linked below.

<https://www.youngminds.org.uk/support-us/fundraising/helloyellow/>

<https://sudc.org.uk>





flu: 5 reasons to vaccinate your child



- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit
www.nhs.uk/child-flu

Flu i mmunisation
Helping to protect children, every winter

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If you want to order more copies of this poster, please visit: healthpublications.gov.uk/Home.html or call 0300 123 1002.



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk







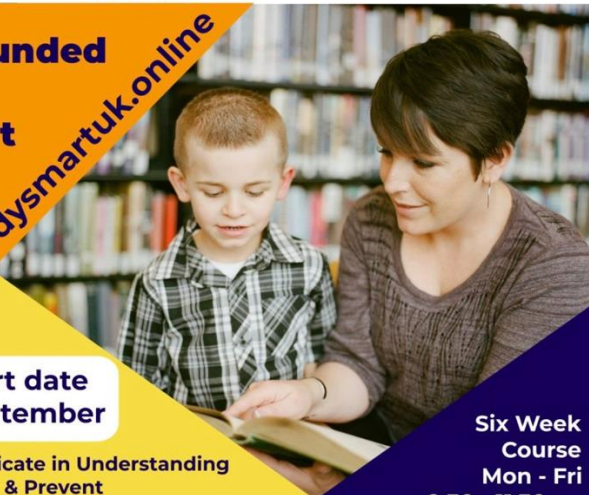
Fully Funded School Support Course

www.studysmartuk.online

**Next Start date
30th September**

CACHE Certificate in Understanding Safeguarding & Prevent
CACHE Certificate in Understanding Challenging Behaviours
CACHE Certificate in the Principles of SEN
Levels 1, 2 & 3

Six Week Course
Mon - Fri
9:30 - 11:30am
12:30 - 2:30pm
4 - 4:30pm
(last optional session for reflection and support if needed)





YEOVIL TALENT ID

SPACES AVAILABLE!

BOOK VIA:
<https://officialsoccerschools.co.uk/yeoviltown/>

 **HUISH PARK**

 **SUNDAY NIGHTS**

UNDER 9 & 10
4:00-5:00PM

UNDER 11, 12 & 13
5:00-6:00PM

UNDER 14 & 15
7:00-8:00PM





Our PTA have signed up to Asda's new Cashpot for Schools campaign!

Asda will donate 0.5% of your total spend to our school every time you shop, until 30th November 2024.

Three easy steps to help our school raise money:

1. Opt in to the Cashpot for Schools campaign through the Asda Rewards app.
2. Select Kingsbury Episcopi Primary School.
3. Shop in store or online at Asda.com, scanning your app at the checkout.

If anyone you know shops in Asda and doesn't know which school to support, please ask them to pick our school!

**Thank you for your support.
KEPS PTA**

Praise Assembly

All parents, carers and family members are welcome to attend our Praise Assemblies!

The following children will be presented with their certificates:

Friday 20th September at 3.00pm – Whole School

Beech Class – William M & Mia P

Willow Class – Freya P & Bridie L

Elm Class – Jacob M & Eileen T

Ash Class – Kit G & Bertie G

Oak Class – Oliver T & Olive P

EE – Evie W



Class Updates

The below links are for each class, these will take you to the KEPS website for their updates.

Preschool Update

[Pre School Updates | Kingsbury Episcopi Primary School](#)

Beech Class Updates

[Reception/Year 1 - Beech Mr Bell | Kingsbury Episcopi Primary School](#)

Willow Class Update

[Year 2/3 - Willow Mrs Carson | Kingsbury Episcopi Primary School](#)

Elm Class Update

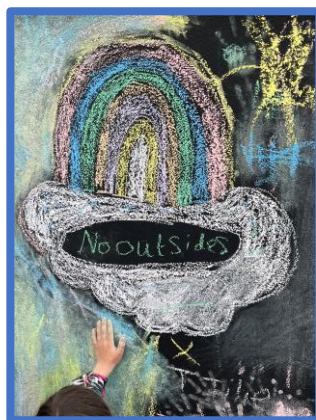
[Year 3/4 - Elm Mrs Meeten | Kingsbury Episcopi Primary School](#)

Ash Class Update

[Year 4/5 Ash - Mrs Heath-Coleman and Mrs Cleasby | Kingsbury Episcopi Primary School](#)

Oak Class Update

[Year 6 Oak - Mrs Lane | Kingsbury Episcopi Primary School](#)



After School Clubs

Autumn Term 1 2024

Clubs will be available to book on Wisepay on Friday 6th September from 4.00pm.

Clubs start on Monday 9th September and finish on Thursday 25th October.

Day	Activity	Year Group	Cost	Location
Monday	KS1 Lego Club with Mr Bell	KS1 - Year 1 & 2	£21.00	Beech Class
Monday	Reading club with Mrs Meeten	Year 3 & 4	£21.00	Elm Class
Tuesday	KS2 Drawing Club with Mrs Lawson	KS2 – Year 3 to 6	£21.00	Oak Class
Wednesday	KS1 Cosmic Yoga with Mrs Colton	KS1 - Year 1 & 2	£21.00	Beech Class
Wednesday	Wildlife Club with Mrs Armstrong & Mr Satterley	Year 1 to 6	£21.00	School Garden
Thursday	Choir with Mrs Sowter	Year 3 to 6	£21.00	School Hall

Welcome To KEPS PTA - [PTA | Kingsbury Episcopi Primary School](#)

Additional Information

The Willows Childcare provides a wraparound provision. The hourly rate is £5.50 and available to all children either on a regular or ad-hoc basis. For more information contact The Willows Childcare on:

Nic 07557 952 753 / Jackie 07909 005 066

Facebook: The Willows Childcare

Email: Jackie:thewillowschildcare.co.uk

Breakfast Club from 07.30 until 09.00 Monday to Friday. Breakfast served until 08.10 (extra 50p charge)

After School Club operates from 15.30 until 17.30 Monday to Thursday only.

PE

As with last year, please send you child/children to school in their PE kits on PE Days.

PE kits should be burgundy shorts/black leggings/tracksuit bottoms, white house coloured t shirt. A school jumper, cardigan of KEPS PE hoody (hoody is optional)

Monday – Oak & Elm

Wednesday – Ash & Willow

Friday – Beech

Safeguarding

Our Designated Safeguarding Leads (DSL) are **Mrs Lawson** and **Mrs Carson**. Our safeguarding governor is **Mr Simon Faull**.

If you have concerns about your child at home or school, contact the office to book an appointment. Alternatively, if you are worried about a child or young person who could be in danger, please contact Children's Social Care on 0300 123 2224, by email at childrens@somerset.gov.uk or the police. You can contact the police directly by dialling 101 and they will discuss with Children's Social care what action should be taken. In an emergency always contact the police by dialling 999. If you would like to speak to a social worker outside office hours, please phone the Emergency Duty Team (EDT) on 0300 123 2327.

Additional Information

Governor News

Please see our governor page for more details on our wonderful governors who help to support the school.

Chair

Mr Simon Faull

Vice Chair

Barbara Teale

Co-opted Governors

Miss Charlotte England
Mrs Barbara Teale
Mr Michael Gulliver
Mr Jon Loxston
Miss Fiona Guest

Parent Governor

Mr David Harris

LFA Governor

Mr Simon Faull

Headteacher

Mrs Melanie Lawson

Clerk

Staff Governor

Mrs Elodie Carson

A Parent and Family Support Adviser (PFSA) can support you and your family if you are experiencing difficulties which may be influencing your child's education. Once referred to me I can: Give a listening ear, provide a friendly, supportive service. Support families in crisis. Be an advocate for parents/carers and children always aiming to empower them. Arrange to meet you at your home or school. Book appointments at times convenient to you. Help you and your family succeed. Work 1:1 with children. Use assessment tools such as EHA (Early Help Assessment). Difficulties can include Housing Benefits, Mental Health, Emotional Health, Drug/Alcohol misuse, Sexual Health – anything which may influence your child's education.

Twitter: @HUISHCLPPFSA / **Blog:**

www.huishCLPPPrimaryPFSA.home.blog / **Email:**

HuishCLPPPrimaryPFSA@educ.somerset.gov.uk

Based at Long Sutton Primary 01458 241 434

Victoria Gould, PFSA **Telephone:** 07825 833 566

Working days – Tues / Wed / Thurs 08:30 - 16:30 Fri 09:00 – 15:00



Success Through Teamwork

Kingsbury Episcopi Primary School

KEPS Courier

Friday 13th September 2024



Somerset
Council

KEPS School Terms and Holidays 2024/2025 Academic Year

September 2024							October 2024							November 2024						
M	2	9	16	23	30		Mo	7	14	21	28			M	4	11	18	25		
Tu	3	10	17	24			Tu	1	8	15	22	29		Tu	5	12	19	26		
W	4	11	18	25			We	2	9	16	23	30		W	6	13	20	27		
Th	5	12	19	26			Th	3	10	17	24	31		Th	7	14	21	28		
F	6	13	20	27			Fr	4	11	18	25			F	1	8	15	22	29	
Sa	7	14	21	28			Sa	5	12	19	26			Sa	2	9	16	23	30	
Su	1	8	15	22	29		Su	6	13	20	27			Su	3	10	17	24		
December 2024							January 2025							February 2025						
M	2	9	16	23	30		M	6	13	20	27			M	3	10	17	24		
Tu	3	10	17	24	31		Tu	7	14	21	28			Tu	4	11	18	25		
W	4	11	18	25			W	1	8	15	22	29		W	5	12	19	26		
Th	5	12	19	26			Th	2	9	16	23	30		Th	6	13	20	27		
F	6	13	20	27			F	3	10	17	24	31		F	7	14	21	28		
Sa	7	14	21	28			Sa	4	11	18	25			Sa	1	8	15	22		
Su	1	8	15	22	29		Su	5	12	19	26			Su	2	9	16	23		
March 2025							April 2025							May 2025						
M	3	10	17	24	31		M	7	14	21	28			M	5	12	19	26		
Tu	4	11	18	25			Tu	1	8	15	22	29		Tu	6	13	20	27		
W	5	12	19	26			W	2	9	16	23	30		W	7	14	21	28		
Th	6	13	20	27			Th	3	10	17	24			Th	1	8	15	22	29	
F	7	14	21	28			F	4	11	18	25			F	2	9	16	23	30	
Sa	1	8	15	22	29		Sa	5	12	19	26			Sa	3	10	17	24	31	
Su	2	9	16	23	30		Su	6	13	20	27			Su	4	11	18	25		
June 2025							July 2025							August 2025						
M	2	9	16	23	30		M	7	14	21	28			M	4	11	18	25		
Tu	3	10	17	24			Tu	1	8	15	22	29		Tu	5	12	19	26		
W	4	11	18	25			W	2	9	16	23	30		W	6	13	20	27		
Th	5	12	19	26			Th	3	10	17	24	31		Th	7	14	21	28		
F	6	13	20	27			F	4	11	18	25			F	1	8	15	22	29	
Sa	7	14	21	28			Sa	5	12	19	26			Sa	2	9	16	23	30	
Su	1	8	15	22	29		Su	6	13	20	27			Su	3	10	17	24	31	

Key:

	School Holiday
	Bank Holiday
	Term Time
	Inset Days

Term dates summary:

Term 1: 03 September – 25 October 2024 (39 days)	
Term 2: 04 November – 20 December 2024 (35 days)	
Term 3: 06 January – 14 February 2025 (30 days)	
Term 4: 24 February – 04 April 2025 (30 days)	
Term 5: 22 April – 23 May 2025 (23 days)	
Term 6: 02 June – 23 July 2025 (38 days)	TOTAL = 195

Bank and public holidays 2024/25

Christmas Day	25 December 2024	Easter Monday	21 April 2025
Boxing Day	26 December 2024	May Day Bank Holiday	05 May 2025
New Year's Day	01 January 2025	Spring Bank Holiday	26 May 2025
Good Friday	18 April 2025	Summer Bank Holiday	25 August 2025

Academy, Free Schools, Foundation & Voluntary Aided schools can set their own term dates and may differ from ours. Please check with the individual schools for their term dates.